



DOGRA EDUCATIONAL TRUST (REGD.)

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Notice

This is to inform you that Dogra Educational Trust is organizing a Yoga Session to commemorate *International Yoga Day* on **Saturday, 21st June 2025**. The session is being conducted in collaboration with **Bhartiya Yog Sansthan (Regd.)** and will be held at **9:00 AM in the Auditorium, Dogra Educational Complex**.

The event will include participation from all constituent colleges of the Trust, namely **Dogra College of Education, Dogra Law College, and Dogra Degree College**. The session will be facilitated by **Ms. Clara Rafiq Thomas**, who will serve as the Resource Person for the event.

All Principals are requested to kindly circulate this information among faculty, staff, and students of their respective institutions. Participants are requested to attend in **white attire** and to **bring their own yoga mats**.

Your cooperation in ensuring active participation and smooth conduct of the event is highly appreciated.

Gitika Sehgal
Coordinator
Dogra Educational Trust
Jammu

Copy to:

1. Chairman, DET for his kind information.
2. Secretary, DET for his kind information.
3. Director, DGC for her kind information
4. Dean, DGC for his kind information.
5. Principals, DLC, DCE, DDC for their information.
6. Senior SO, DET for his information.
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